





Happy New Year!



Happy 2023!

Like many of you at this time of year I've been perusing articles about setting New Year's resolutions: How rewarding are they, How many fail from setting unrealistic goals (88%) and in Lifehack, 50 New Year's Resolution Ideas And How To Achieve Each Of Them. Wow!

But I did run across one that is amusing and offers great life advice shared by Yoda -

What New Years Resolutions Can We Borrow From Yoda?

Best,







